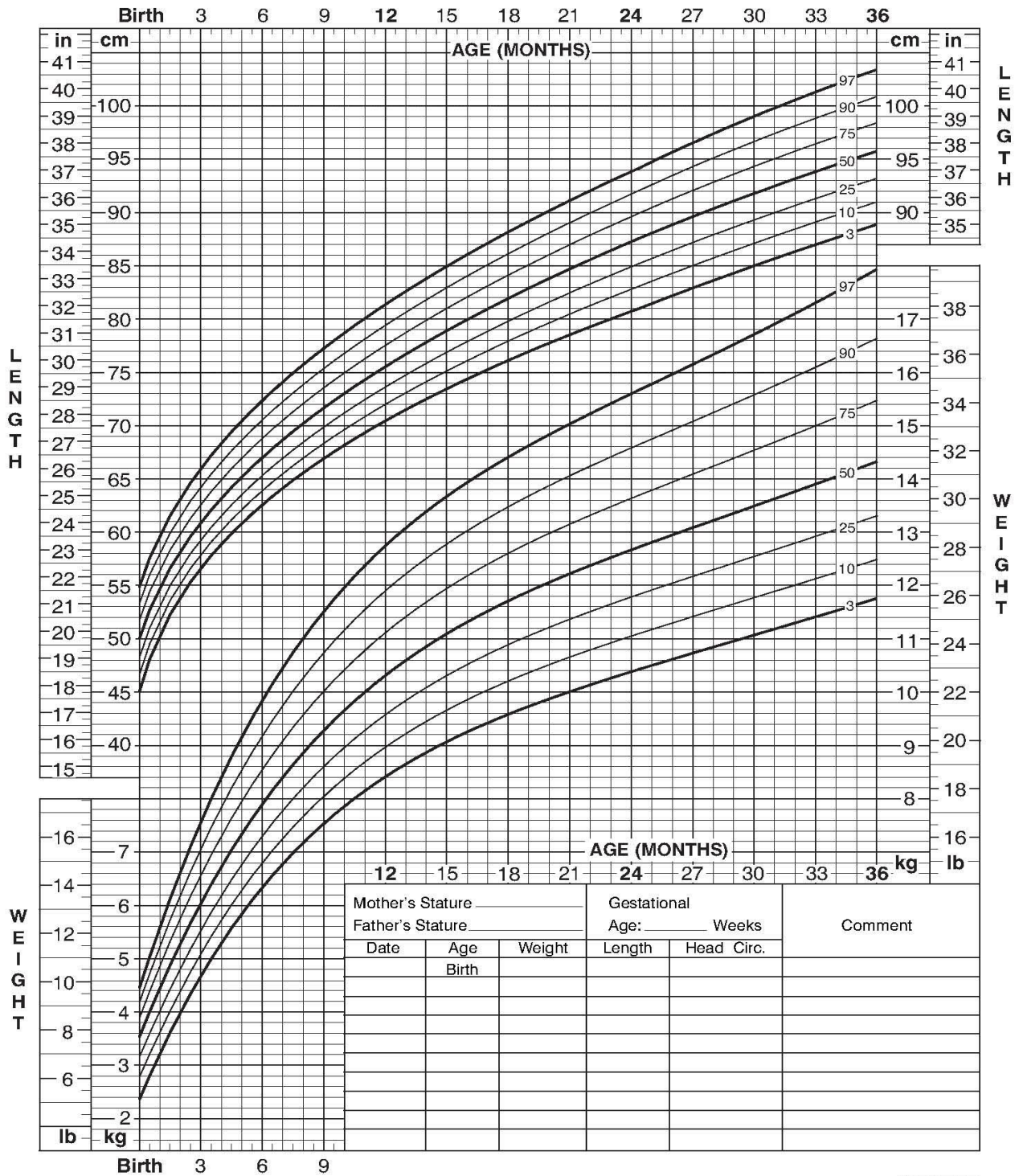# Growth Charts

The growth charts on the following pages were published by the Centers for Disease Control and Prevention, United States Department of Health and Human Services. The information is based on the normal growth curves of children in the United States. To find your child's growth percentile, simply find the measurement on the vertical scale and move across the grid horizontally until you are even with the child's age. This will show you where your child measures compared to other children who are of the same age and gender. The most important thing to note is the *pattern* of your child's growth over time rather than one measurement at any one point in time.

Birth to 36 months: Boys
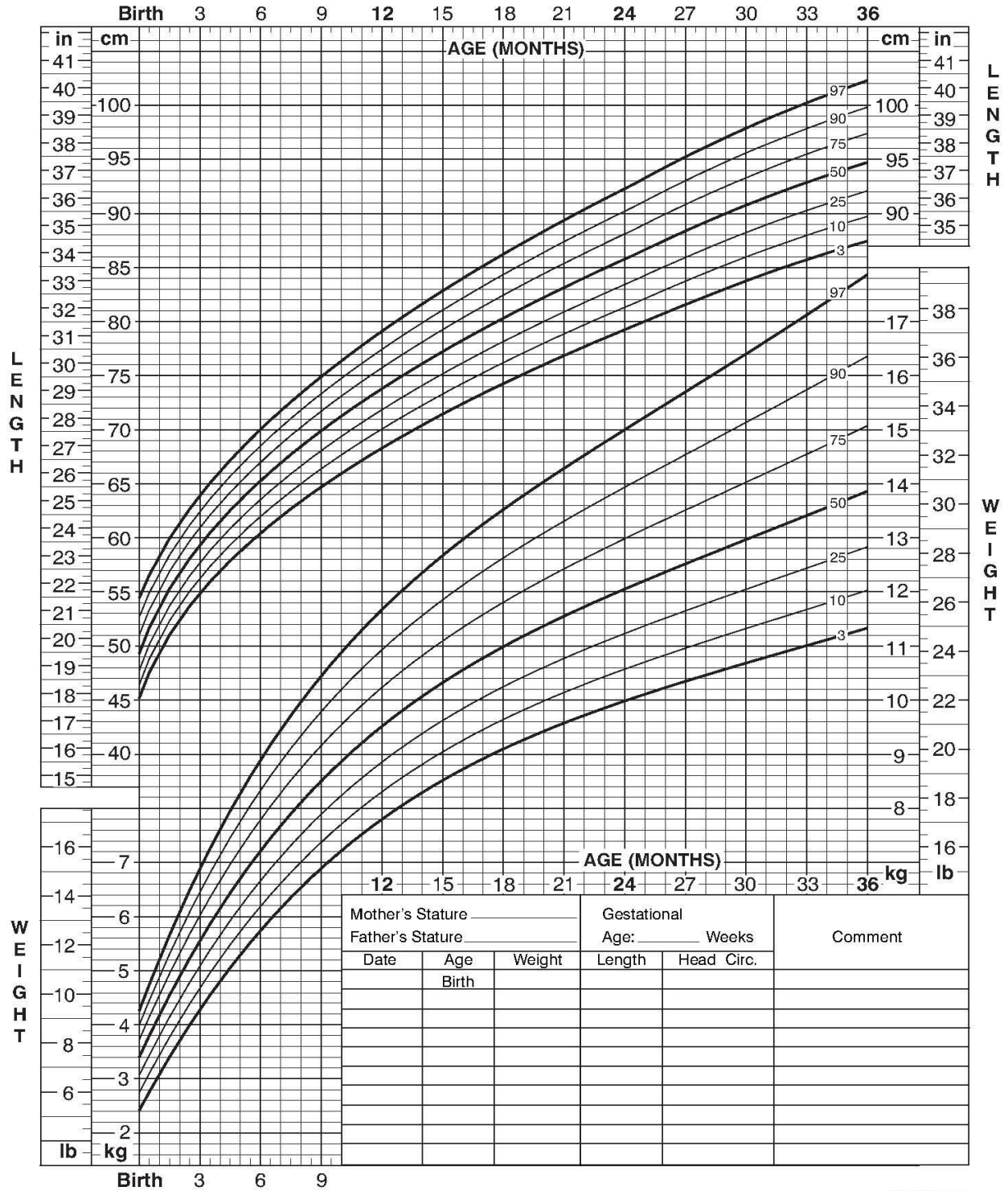## Length-for-age and Weight-for-age percentiles

NAME _____

RECORD # _____

AGE (MONTHS)

LENGTH

WEIGHT

Mother's Stature _____
Father's Stature _____

Gestational
Age: _____ Weeks

Comment

Date	Age	Weight	Length	Head Circ.
	Birth			

Published May 30, 2000 (modified 4/20/01).

CDC

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Birth to 36 months: Girls
Length-for-age and Weight-for-age percentiles

NAME _____

RECORD # _____

AGE (MONTHS)

Birth 3 6 9 12 15 18 21 24 27 30 33 36

LENGTH

WEIGHT

Length-for-age percentiles: 97, 90, 75, 50, 25, 10, 3

Weight-for-age percentiles: 97, 90, 75, 50, 25, 10, 3

Mother's Stature _____			Gestational		
Father's Stature _____			Age: _____ Weeks		Comment
Date	Age	Weight	Length	Head Circ.	
	Birth				

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2 to 20 years: Boys
Stature-for-age and Weight-for-age percentiles

NAME _____

RECORD # _____

Mother's Stature _____		Father's Stature _____		
Date	Age	Weight	Stature	BMI*

*To Calculate BMI: Weight (kg) ÷ Stature (cm) ÷ Stature (cm) x 10,000
or Weight (lb) ÷ Stature (in) ÷ Stature (in) x 703

AGE (YEARS)

12 13 14 15 16 17 18 19 20

STATURE
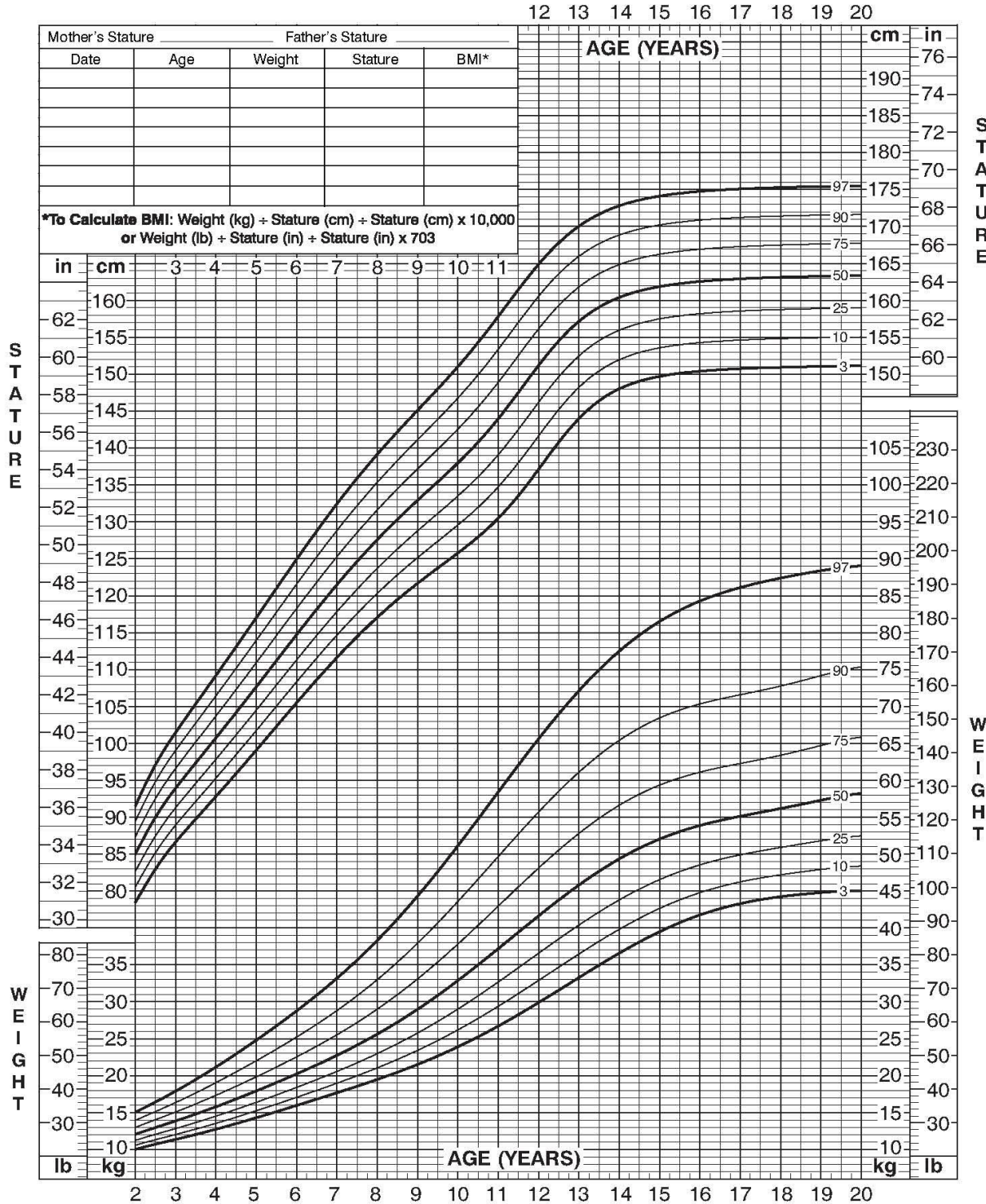
WEIGHT

AGE (YEARS)

2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20

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2 to 20 years: Girls
Stature-for-age and Weight-for-age percentiles

NAME _____

RECORD # _____

Mother's Stature _____		Father's Stature _____		
Date	Age	Weight	Stature	BMI*

*To Calculate BMI: Weight (kg) ÷ Stature (cm) ÷ Stature (cm) x 10,000
or Weight (lb) ÷ Stature (in) ÷ Stature (in) x 703

AGE (YEARS)

12 13 14 15 16 17 18 19 20

STATURE

WEIGHT

Stature percentiles: 97 90 75 50 25 10 3

Weight percentiles: 97 90 75 50 25 10 3

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Birth to 36 months: Boys
Head circumference-for-age and
Weight-for-length percentiles

NAME _____

RECORD # _____

AGE (MONTHS)

Birth 3 6 9 12 15 18 21 24 27 30 33 36

HEAD CIRCUMFERENCE

97
90
75
50
25
10
3

WEIGHT

LENGTH

| cm | 64 66 68 70 72 74 76 78 80 82 84 86 88 90 92 94 96 98 100 |
| in | 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 |

Date	Age	Weight	Length	Head Circ.	Comment

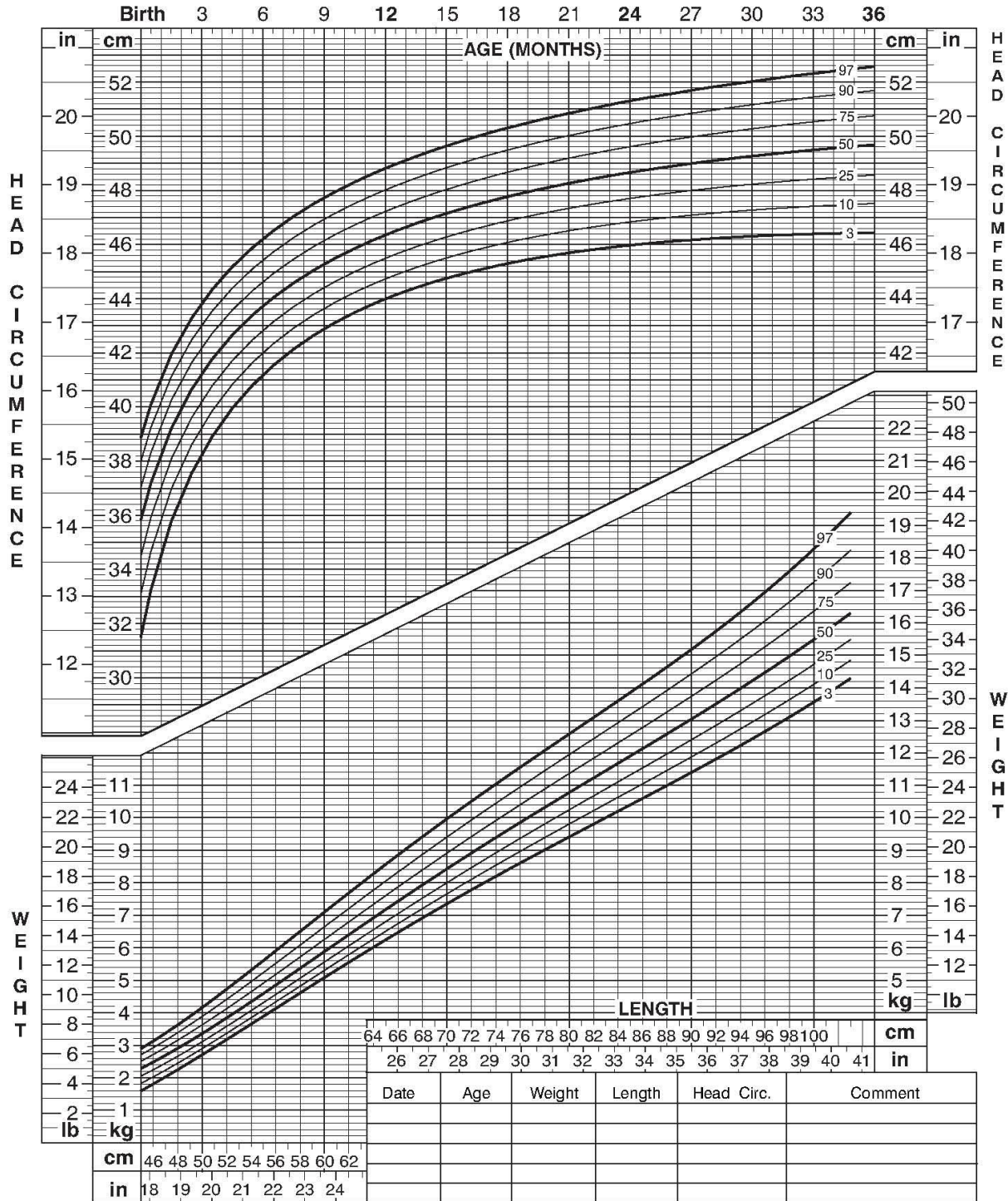| cm | 46 48 50 52 54 56 58 60 62 |
| in | 18 19 20 21 22 23 24 |

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Birth to 36 months: Girls
Head circumference-for-age and
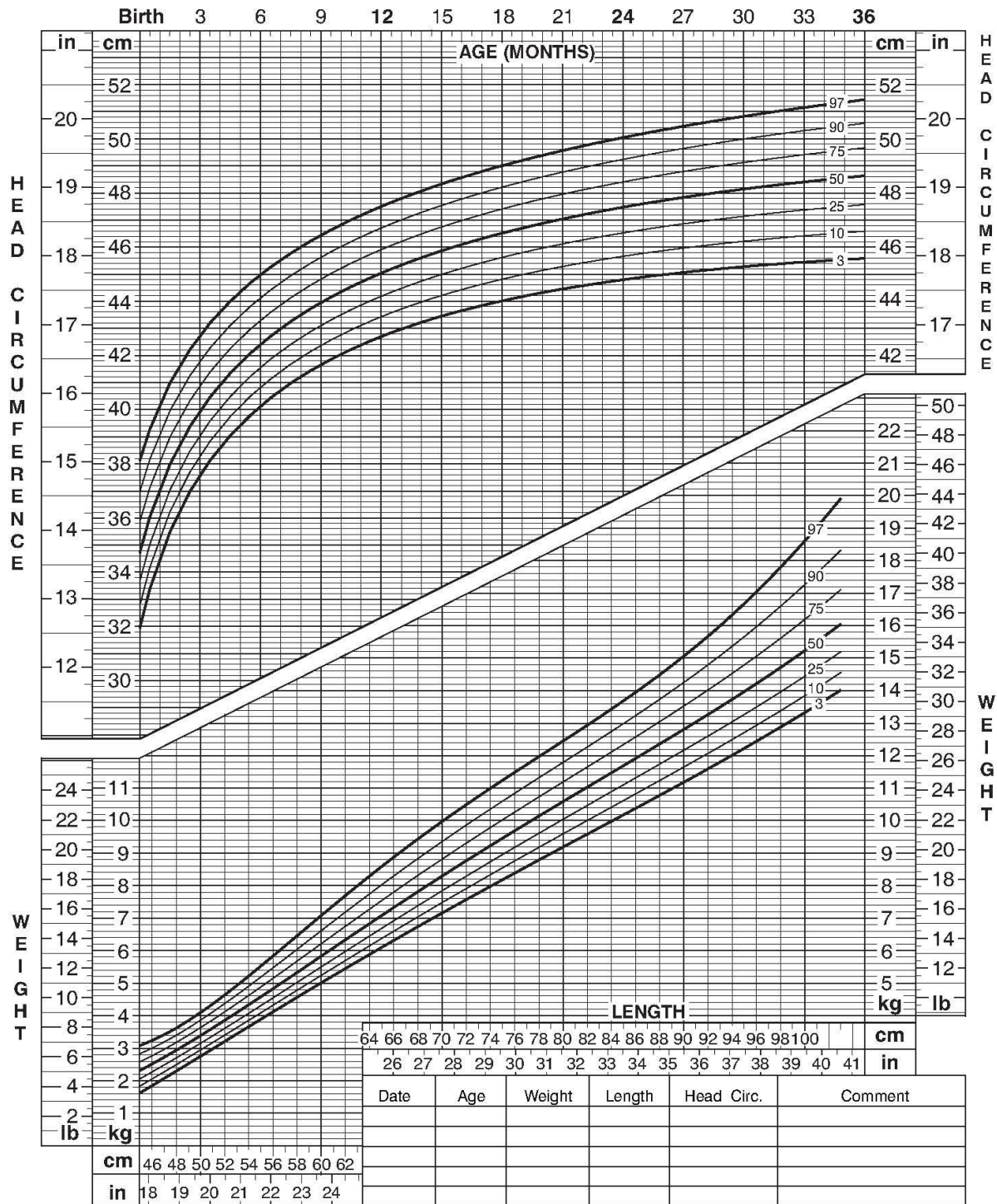## Weight-for-length percentiles

NAME _____

RECORD # _____

AGE (MONTHS)

Birth 3 6 9 12 15 18 21 24 27 30 33 36

HEAD CIRCUMFERENCE

in cm

97
90
75
50
25
10
3

LENGTH

cm 64 66 68 70 72 74 76 78 80 82 84 86 88 90 92 94 96 98 100

in 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41

WEIGHT

Date	Age	Weight	Length	Head Circ.	Comment

cm 46 48 50 52 54 56 58 60 62

in 18 19 20 21 22 23 24

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Head Circumference (cm)* for older children

Girls

Age	3rd percentile	50th percentile	97th percentile
4 years	48.4	50.5	53
5 years	49	51	53.6
6 years	49.8	52	54
7 years	50.2	52.2	54.8
8 years	50.8	52.9	55
9 years	51	53	55.5
10 years	51.1	53.8	56
11 years	51.4	54	56.9
12 years	52	54.6	57.5
13 years	52.2	55	57.9
14 years	53	55.5	58.1

Boys

Age	3rd percentile	50th percentile	97th percentile
4 years	49.5	52	54.7
5 years	50	52.8	55
6 years	50.5	53.1	55.8
7 years	51	53.8	56
8 years	51.4	54	56.5
9 years	51.8	54.5	57
10 years	52	55	57.3
11 years	52.2	55.2	57.8
12 years	52.6	55.6	58
13 years	53	56	58.5
14 years	53.2	56	59

To convert inches to cm, multiply the number of inches by 2.54.