



## THE STRUGGLE IS REAL: BREAK FREE FROM METH

Call now to learn about Sacramento County treatment services and support groups or to receive a Substance Use Disorder assessment.

**(916) 874-9754**

**Sacramento County wants to support you or a loved one to get the help you need to break free from meth.**

### **We're Here When You Need Us**

We all deserve help and support to find recovery. From residential treatment services to outpatient programs, there is something for anyone in need living in Sacramento County. Call now to learn more about:

- + Assessments
- + Support groups
- + Treatment and recovery services near you