

SUBSTANCE USE PREVENTION AND TREATMENT SERVICES

# **OPTIONS FOR RECOVERY**

### SUBSTANCE USE TREATMENT SERVICES RESERVED FOR PREGNANT OR PARENTING WOMEN (CHILDREN 5 AND UNDER)

Our mission is to reduce the harmful effects associated with alcohol and drug use and improve birth outcomes for pregnant and parenting women by providing intensive residential and outpatient treatment.

#### Preference for treatment services is provided in the following order:

- 1) Pregnant and injecting drug users
- 2) Pregnant substance users
- 3) Injecting drug users
- 4) Multi-system drug users
- 5) All other drug users

If you meet these criteria and are in need of substance use disorder services, please call us for more information: **(916) 874-9754** 

#### **Options for Recovery Services Available:**

- Residential Treatment
- Detoxification (Limited)
- Intensive Outpatient Treatment
- Outpatient Treatment
- Relapse Prevention and Support
- Mental Health Assessment & Counseling
- Health Education

- WEAVE Groups
- Help Leaving the Sex Trade Industry
- Child Development
- Parenting Classes
- Self-Care and Living Skills
- On-Site Child Play Care
- Community Resource Referrals

## Your recovery is our priority!

For more information, visit: dhs.saccounty.net